



Operations Guide

West End Basketball League

2017/2018 Season

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Introduction

The West End Basketball League (WEBL) is open to participation from teams from across the national capital region (NCR). The purpose of WEBL is to provide a safe and fun environment for recreational basketball teams and players to compete each season. The league includes divisions for both boys and girls from Novice age through to Junior.

WEBL operates on the experience and personal knowledge of long-standing volunteers. This document, the WEBL Operations Guide, offers operating guidelines, program standards, and divisional rules so that the associations, convenors, coaches, officials and players have a common understanding of how the league will operate.

Resources

[Ontario Basketball 2017-18 Rules and Regulations Manual](#)

[FIBA Official Basketball Rules 2014](#)

[Canada Basketball Athlete Development Model](#)

These documents are available online.

Coaches, referees, and WEBL member associations are asked to familiarize themselves with these resources and this document.

Deviating from the Guidelines

It is important to recognize that a certain amount of latitude must be awarded to the actual operations of the various divisions. Limitations on available gym time, officials and the number of teams playing and other factors may require some deviation from these guidelines.

If the hosting association feels there is a need to deviate from documented guidelines, the convenor should identify the need to their association's WEBL representative to seek acceptance from the other associations participating in the affected division. This will allow the various associations to communicate the change to their coaches and players thereby avoiding any confusion.

Operating Guidelines

The following are general administration and operational guidelines.

WEBL Committee

Oversight and support to the WEBL will be provided by members of the Executive of the Eastern Ontario Basketball Association (EOBA).

A WEBL committee will be composed of one association representative from EOBA member clubs.

A WEBL chairperson will be elected by and from WEBL association representatives.

The committee will meet at the start and end of each season. Additional meetings may be scheduled as required. The WEBL chairperson will be invited to become a member of the EOBA Executive and will attend all EOBA Executive meetings.

List of Divisions

WEBL offers the following divisions:

- Novice – Boys and Girls (U10)
- Atom – Boys and Girls (U11/U12)
- Bantam – Boys and Girls (U13/U14)
- Midget – Boys and Girls (U15/U16)
- Junior – Boys and Girls (U17/U19)

At the beginning of each season each division will be assigned a hosting association and a volunteer convenor will be identified.

Convenors

Each division shall have a convenor appointed by the hosting association.

The convenor will be responsible for the following:

- Securing facilities for regular season games
- Coordinating officials (referees) for all scheduled games
- Providing a game clock and score book (if applicable) for all scheduled games
- Communicating with the division's coaches
- Handle incident reports, questions and disputes relevant to the division.
- Schedule and coordinate the year-end tournament
- Ensure the schedule and results are posted to the EOBA website. Bantam, Midget and Junior, (winning) coaches are responsible for posting their game results to the EOBA, WEBL website.

Note: Hosting Clubs may choose to also hire a paid "Gym Captain" to undertake gym setup and take down, supervise the use of the facility and liaise with the custodians. Gym captains will be hired and paid for by the hosting club. The costs will be included and divided into the total of the year-end club invoices. Host clubs are to ensure this cost remains minimal.

While the convenor is appointed by the hosting association, they have a responsibility to promote fair play for all the participating associations and should be unbiased in handling any issues that arise.

The game schedule should be released to each Association a minimum of 2 weeks in advance of the 1st game.

It is recommended that convenors establish separate fall and winter schedules. This will ensure that teams are appropriately matched to ensure a fun learning environment for all participants.

The convenor will notify the EOBA Fair Play Commissioner if it is determined that a WEBL team is too strong for their assigned division. Options to ensure a fun learning environment for all players within the WEBL division will be considered and a recommendation made to the team in question.

Referees must be provided a copy of the WEBL Operating Guidelines, this document, and familiar with the Ontario Basketball Rules and Regulations.

Team Registration Deadline

At the season kick-off meeting, a team registration deadline will be set. The deadline will ensure that the convenor has sufficient time to create and distribute the schedule for their respective divisions. Each association must provide their list of coaches complete with contact information including telephone number and e-mail address by the set deadline.

Each association will be asked to submit their requirements according to Appendix B – Team Summary and Appendix C – Association Representatives.

Official Team Rosters Bantam, Midget & Junior

Each team will be asked to submit their initial player roster to the appropriate convenor by a date set that will be set at each season kick-off meeting.

The final roster will also be due by early January. No player changes can be made after the final roster is submitted. This includes new players, player trades between teams and players who have just moved into your specific district. Coaches are responsible for updating scores on the EOBA web site and registering their teams

- a. Each association's WEBL representative (not the coaches) must submit their roster to the convenor prior to their first game of the season.
- b. The roster must include full names and jersey numbers as well as coach name(s).
- c. All players on the roster must be registered with their club.
- d. All clubs must ensure that each player is covered through appropriate insurance.

Call-up Policy

In the event that a team will be short on players, they may call-up players to avoid forfeiting a game. The team must adhere to the following when calling-up a player:

1. Players registered with the team must out number called-up players
2. The player must not be playing for a competitive team
3. The player must be of the division's age or younger (ie: Midget players cannot play for Bantam teams)
4. The player must be registered with the team's association and have applicable insurance
5. If a player is called-up from a younger division's team, the player's coach must approve the call-up.
6. Call up players name and number must be clearly marked on the game sheets.
7. Coaches must inform each other prior to the start of the game if a player has been called up.

Referees

Officials for Novice, Atom and Bantam games shall be provided by host associations.

Officials for Midget and Junior games shall be carded officials provided by the Ottawa Valley Board of Approved Basketball Officials (OVBABO).

Officials must familiarize themselves with the WEBL Operating Guidelines.

Code of Conduct

Sportsmanship is the theme of the WEBL. We provide a safe and fun environment for everyone. To help ensure this continues, the following values of conduct has been established and expected to be followed by each player, coach, referee, and parent ('person') participating in ALL Divisions.

Sanctions will be enforced if the rules are not followed. Repeat offenders may be banned from the WEBL league, as determined by the EOBA Fair Play Commissioner.

Enforcement

Any suspected infraction should be reported the appropriate division's convenor who will gather evidence and report the incident to the EOBA Fair Play Commissioner. The EOBA Fair Play Commissioner is required to review the event with the appropriate WEBL representatives who then will administer the sanction. Sanctions may be administered to a person or team.

The coach is responsible to ensure parents and other fans follow the Code of Conduct. The coach has the authority to enforce the sanctions on fans. If the fan refuses to leave, the game must end and a forfeit will occur against the corresponding team(s).

WEBL Values

1. There shall be no violent play. Fighting will NOT be tolerated.

Sanctions:

- a. First offence
 - Game ejection plus one game suspension.
 - If deemed a serious infraction, the person may be suspended for the season.
- b. Second offence
 - Automatic ejections from the game and WEBL.

2. Zero tolerance for any racial remarks.

Sanction:

- Automatic ejection from the game and WEBL.

3. Disrespectful behavior will not be tolerated.

No disrespectful comments or actions towards anyone will be tolerated. Dribbling of basketballs or running around in the hallways of the schools is not allowed. Children must be supervised at all times.

Sanctions:

- a. First offence
 - Game ejection plus one game suspension.
 - Referee may declare a technical foul on the coach.
 - If deemed a serious infraction, the person may be suspended for the season.
- b. Second offence
 - Automatic ejection from the game and WEBL.

4. Playing while injured is not permitted.

If a player is, or was injured, while playing basketball or for other reasons, the player may return to play in WEBL when they are well healed. Parents and coaches must communicate together when a child is injured or presents symptoms of an injury. This is enforced for the well-being of the children.

Sanction:

- If deemed a serious infraction, the person may be suspended for the season or ejected from WEBL.

Program Standards

Rules and Regulations

WEBL is founded on the Ontario Basketball rules and guidelines: [Ontario Basketball 2017-18 Rules and Regulations Manual](#) and references FIBA: [FIBA Official Basketball Rules 2014](#).

Age specific rules or regulations may align differently in WEBL. Please refer to the Division Rules and Guidance section of this manual.

Scheduling

Schedulers will be using the EOBA site at www.eobaclub.com where coaches/associations should first register their teams. Coaches of the winning teams are expected to enter the game scores (Bantam, Midget and Junior).

Division	Ball Size	# of Games (min)	Standings on website	Year End Tournament	Scheduled Games
Novice	Boys – size 5	12	No	Yes	Saturdays
	Girls – size 5				
Atom	Boys – size 5	12	No	Yes	Saturdays
	Girls – size 5				
Bantam	Boys – size 6	12	Yes	Yes	Saturdays
	Girls – size 6				
Midget	Boys – size 7	12	Yes	Yes	Saturdays/ Sundays
	Girls – size 6				
Junior	Boys – size 7	12	Yes	Yes	Weeknights/Saturday
	Girls – size 6				Sundays

Games

Games will continue until 10 minutes before the end of the allotted time for the game.

The schedule will be released a minimum 2 weeks ahead of 1st scheduled game.

The Home Team will wear light-coloured jerseys and Guest Team will wear dark- coloured jerseys for all games. An age-appropriate sized ball, as indicated in the table above, will be used for all games.

Failure to adhere to our contract provisions could result in the loss of our rental permit. Please help to ensure that does not happen. To maintain a good relationship with the school and custodians:

- Immediately following the last game of the day, coaches are asked to ensure chairs are stacked and the gym is left in a clean and tidy state.
- Ensure there are no unsupervised children or players dribbling basketballs or running in school hallways.
- Rental permits allow us access to gyms only, not the other areas of a school.

Equal Participation

Equal Participation is mandatory in regular season and year-end tournament games for Novice, Atom, Bantam.

Midget and Junior Divisions, clocks run 8 minute quarters, not 4 minute shift breaks, coaches are to ensure all players get equal playing time, as is practical within this frame work.

Failure to comply with this rule can result in game forfeiture or disqualification (from year-end tournament). Teams wishing to raise a challenge must notify the convenor in writing and provide evidence to support their claim. Teams under challenge must provide playing time records for their players for the game in question.

It is recommended the shifts played by each player be recorded during the game in the event of a challenge.

Appendix A – Equal Participation Chart provides useful guidelines to help coaches determine minimum and maximum playing time based on the number of players.

Refer to the Player Equal Participation Rule in the WEBL is founded on the Ontario Basketball rules and guidelines: [Ontario Basketball 2017-18 Rules and Regulations Manual](#) for more guidance.

Coach Attendance

A team without a coach present at the start of the game will automatically forfeit the game.

We understand that, on occasion, conflicts will arise and the team coach may not be available. In those instances, a substitute must be identified and communicated to the convenor in advance of the game. The team coach will take responsibility for the actions of the substitute during the game, and will share in any disciplinary action assessed to the substitute. We don't want a random parent stepping in, we want the substitute to be selected by the coach.

Division Rules and Guidance

The following guidance is in place to help the focus of WEBL to remain on player development and fun.

All games and overriding league rules will be in accordance with rules and regulations established by Basketball Ontario, as set forth in the Ontario Basketball rules and guidelines: [Ontario Basketball 2017-18 Rules and Regulations Manual](#) and [FIBA Official Basketball Rules 2014](#) with consideration of the following WEBL guidance.

Novice – Boys / Girls (U10)

SPECIAL NOTE:

Novice level games will be played 4 on 4. The 4 on 4 format allows for more opportunities for all of the players to handle the ball. It also creates more space for players to use the skills learned in practice.

All games will be played in accordance with the U10-U12 rules and regulations as established by Basketball Ontario and set forth in the [Ontario Basketball 2017-18 Rules and Regulations Manual](#) and [FIBA Official Basketball Rules 2014](#), with the following guidelines:

1. All teams shall have a minimum of 5 players to start the game.
2. Modified straight time for all games. Clock will only stop for foul shots.
3. Games will consist of four (4) minute shifts. Coaches must have the players in the next shift at half court ready to come on the floor with 30 seconds left in the current shift.
4. There will be no half-time break, no breaks between shifts and no time-outs.
5. Play will continue until 10 minutes before the end of the allotted time for the game.
6. All games will be equal time for all players throughout the game. Refer to Equal
 - a. Participation rules.
7. All periods will start in the direction of the possession arrow.
8. 8-foot basket height for all games.
9. No 3-second (in the key) violations.
10. Pressing is not permitted. No double teaming or trapping allowed.

Once the defensive team gets possession, they shall be allowed to establish front court status (both feet and ball across the half court line).
11. Shooting fouls will be awarded 2 free throws worth 1 point at a distance of 10 feet from the basket.
12. If the second attempt is successful, the defensive team takes the ball out of bounds.
13. If the second attempt is unsuccessful, regular play is resumed.
14. All other fouls will result in possession for the fouled team. No bonus will be in effect.
15. No screen or picks allowed.

Atom – Boys / Girls (U11/U12)

All games will be played in accordance with the U11-U12 rules and regulations as established by Basketball Ontario and set forth in the [Ontario Basketball 2015-16 Rules and Regulations Manual](#) and [FIBA Official Basketball Rules 2014](#), with the following guidelines:

1. All teams shall have a minimum of 5 players to start the game.
2. Modified straight time for all games. Clock will only stop for foul shots.
3. Games will consist of four (4) minute shifts. Coaches must have the players in the next shift at half court ready to come on the floor with 30 seconds left in the current shift.
4. There will be no half-time break, no breaks between shifts and no time-outs.
5. Play will continue until 10 minutes before the end of the allotted time for the game.
6. All games will be equal time for all players throughout the game. Refer to Equal
 - a. Participation rules.
7. All periods will start in the direction of the possession arrow
8. No 3-second (in the key) violations will be called for the first half of the season.
 - i. Starting in January, refs will enforce this rule.
9. No full court defence. Pressing is not permitted.

Once the defensive team gets possession, they shall be allowed to establish front court status (both feet and ball across the half court line).
10. Person to Person defense rule applies. No double teaming or trapping allowed.
11. No pics or screens.
12. Shooting fouls will be awarded 2 free throws worth 1 point at a distance of 10 feet from the basket.
13. If the second attempt is successful, the defensive team takes the ball out of bounds.
14. If the second attempt is unsuccessful, regular play is resumed.
15. All other fouls will result in possession for the fouled team. No bonus will be in effect.
16. Teams will change nets (direction) at half time.

Guidance:**a. Help Defense**

Defensive player leaving their player to help defend their basket should only apply if the offensive player has passed their defender, resulting in a clear pass towards the basket for a score. Where help is provided and basket was not successful, the help defender or the beaten defender must recover and establishes legal guarding position or resume the Person-to-Person defense.

b. Person-to-Person Defense

Each defensive player must be guarding one offensive player at all times.

Bantam – Boys / Girls (U13/U14)

In recognition of the emphasis placed on player development within the WEBL, all games will be played in accordance with the U13-U14 rules and regulations, applying the U13-U14 'Learn to Train' Rule Modifications, as established by Basketball Ontario and set forth in the [Ontario Basketball 2015-16 Rules and Regulations Manual](#) and [FIBA Official Basketball Rules 2014](#), with the following guidelines:

1. All teams shall have a minimum of 5 players to start the game.
2. Each coach is to complete the score sheet before the start of each game and ensure that each player on your team is listed (first name and last initial is fine).
3. Games will consist of eight (4) minute shifts. Clock stops on whistle blow unless otherwise determined by referee.
4. All games will be equal time for all players throughout the game. Refer to Equal Participation rules.
5. All periods will start in the direction of the possession arrow.
6. Drop back/half court rule will apply until January at which time full court defense is permitted. If leading by 15 or more points, the team must change back to the half court rule.
7. Closely guarded will be applied to actively guarding within one metre both holding AND dribbling ball.
8. Person to Person defense rule applies. No double teaming or trapping allowed. Infractions will be called.
9. Three (3) seconds in the key rule is enforced.
10. Fouls:
 - a. Shooting fouls will be awarded two free throws.
 - b. Players lining up on free throws can move into the key after the shooter releases the ball.
 - c. The shooter cannot step over the foul line until the ball hits the rim.

Midget & Junior Rules (U15 to U19)

All games will be played in accordance with [Ontario Basketball 2015-16 Rules and Regulations Manual](#) and [FIBA Official Basketball Rules 2014](#).

1. No shot clock shall be used.
2. All teams shall have a minimum of 5 players to start the game.
3. All games will be equal time for all players throughout the game. Refer to Equal participation rules.
4. Full court defence is allowed however when leading by 15 or more points, the team must change back to the half court rule.

Appendix A – Equal Participation Chart

The following chart can be used to help coaches adhere to the equal participation rules at all levels within the WEBL.

Players	4-Minute Stop Time			Free Substitution		
	Shifts	Min	Max	Time	Min	Max
5	8	8	8	32	32	32
6	8	6	7	32	25	29
7	8	5	6	32	21	25
8	8	5	5	32	18	22
9	8	4	5	32	16	20
10	8	4	4	32	14	18
11	8	3	4	32	13	17
12	8	3	4	32	12	16
13	8	3	4	32	11	15
14	8	2	3	32	10	14
15	8	2	3	32	9	13

Appendix B – Team Summary

Association	Novice		Atom		Bantam		Midget		Junior		Total
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
Nepean											
Goulbourn											
Kanata											
OSS											
OSBA											
Naismith											
Elgin											
Perth											
Valley Pride											
Brockville											
Kemptville											
Upper Valley											
Smith Falls											
Totals:											

Appendix C – Association Representatives

Association	Contact person	Email	
KYBA - VP Girls House League	Nat Garrow	natgarrow@gmail.com	
KYBA - Bantam Girls Convenor	Merdina Price	merdinaprice@gmail.com	
KYBA VP Boys House League	Derek Brazil	derek.t.bazil@innovapost.com	
Goulbourn	Srdjana Savic	savic_s@hotmail.com	
OSS	Jaden Lairson	directorhouseleague@ottawashootingstars.com	
OSS	Kyle Skinner	kskinner@dynessports.com	
OSBA	Shawn Sutton	Shawn.sutton@hotmail.com	
Naismith	Stephanie Lee	naismithpresident@gmail.com	
Valley Pride	Jody Moore	jodystubby@sympatico.ca,	
Kemptville	Dennis Brookson	info@kemptvillewarriors.ca	WEBL Chairperson
Brockville	Colin Jardine	colin.jardine@gmail.com	
Smith Falls	Todd Spencer	tj.spencer@hotmail.ca	
Perth	Sean Christy	sean.christy@ucdsb.on.ca	
Nepean Girls			
Nepean Boys	Jim Tebrake	jim.tebrake@nepeanbluedevils.ca	
Upper Valley	Deryk Ryan	deryk@baumansawmill.com	
Elgin	Will French	william.french@ucdsb.on.ca	